

## DEPARTMENT of RANSPORTATION

LEARNING &
DEVELOPMENT
RESOURCE GUIDE



OFFICE OF THE SECRETARY
TRANSPORTATION ADMINISTRATIVE
SERVICE CENTER

### **INTRODUCTION**

In response to the NPR report and other initiatives calling for a "...government that works better and costs less," the Office of the Secretary of Transportation (OST) convened a Learning and Development Design Team, with membership from most of the Department of Transportation (DOT) operating administrations. OST chartered the Design Team with the development of a quality-focused curriculum to prepare all DOT employees for changes in the work environment as a result of reengineering, streamlining, and quality performance initiatives.

The resulting curriculum is comprised of a three-tier learning and development process. Tier one, The Dynamics of Transformation course, was designed and developed so that over time it will cascade to many DOT employees. As designed, the course sets a positive direction for implementing and managing change by delivering clear, consistent messages regarding DOT's vision, mission, values, goals, and priorities. It will assist DOT executives, officials and employees at all levels in planning and managing change at the individual, team and organizational levels. More specifically, the course provides DOT employees with an opportunity to participate in an interactive learning environment where they are introduced to key concepts related to high-performance organizations, and where they can discuss and develop organizational strategies to move forward toward meeting the vision for the organization.

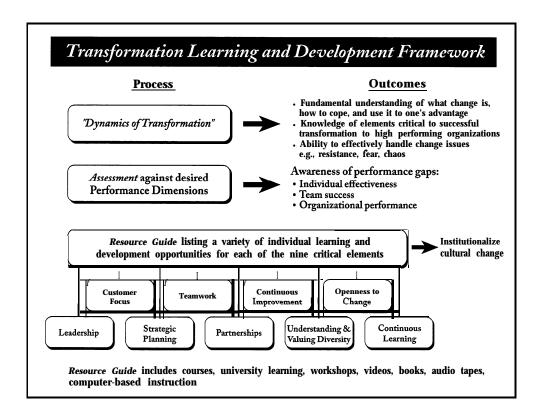
Tier two consists of personal and organizational assessments to gauge performance against desired performance goals and dimensions. Managers and supervisors will use specific tools to assess their performance as well as the performance of their organizations in nine critical elements which include:

Leadership
Customer Focus
Strategic Planning
Teamwork
Partnerships
Continuous Improvement
Understanding and Valuing Diversity
Openness to Change
Continuous Learning.

From this assessment process, they will be able to identify those areas which they may want to strengthen in order to meet their performance goals.

This Resource Guide is a compilation of some of the learning and development opportunities represented by the third and final tier of the three-tier process.

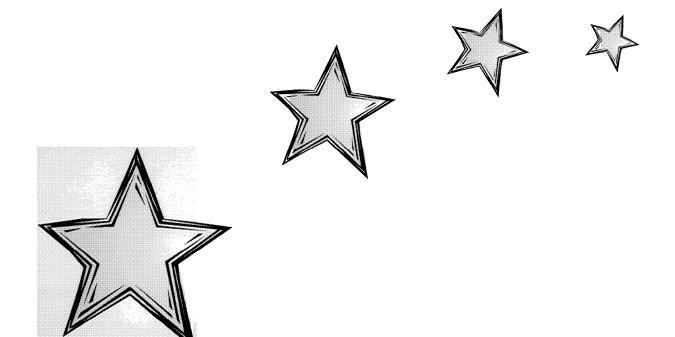
The Learning and Development Framework is illustrated in the graphic below:

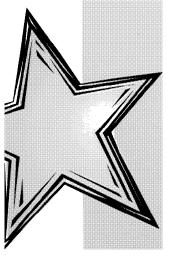


The final outcome of this three-tier Learning and Development Framework will be that managers, supervisors, and employees are better able to manage cultural change. There will inevitably be pain in the process as we look to fundamentally change the way we operate. This framework will provide some of the tools to help you with the challenges associated with this monumental task.

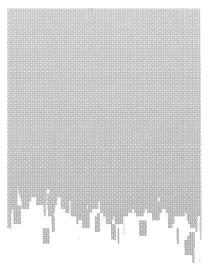
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### **EADERSHIP**





### **Basic Management for Non-Supervisors**

This course uses lectures, audio-visual aids, case studies, problems, and exercises to explain management principles and functions which relate to a non-supervisory professional position. It focuses on communication, planning, coordinating, decision making, and organization of work.

### Objectives:

- Discover and integrate external and internal issues with program areas and keep current on those issues which affect their jobs
- . Establish long range and short term goals while setting priorities and standards of excellence
- Make logical decisions about the best methods to accomplish goals
- . Develop a complete and polished staff package for presentation to management
- Obtain the financial and other resources necessary to accomplish established goals and use these resources within organizational constraints
- . Relate to others at all levels to accomplish established goals
- · Knowledge of time and stress management
- Develop controls and evaluate measures or work within controls established by others to determine levels of accomplishment and work performance

**Contact:** Ken Gould (202) 366-1163

Federal Highway Administration

Audience: Senior level management officials at the GM-15 and

SES levels; GM-14 managers on an exception basis

**Length:** 5 days

### **Career Strategies Seminar**

This seminar provides mid-level employees with the opportunity to focus on career development issues and explores the special issues they face as they advance into leadership and managerial positions. It also enables participants to better determine if a leadership or managerial position is in line with their personal and career goals.

### **Objectives:**

- · Understand the issues, strategies, and dynamics of career development in a diverse work force
- Assess and develop leadership and managerial strategies and skills for effectiveness in a diverse work force environment
- Understand history about the emerging and changing demographics and related impacts on career development strategies in the work place
- Identify basic strategies and approaches to improve the organizational culture and climate for greater effectiveness with diverse populations

**Contact:** Joan Simpson (202) 366-6391

Transportation Administrative Service Bureau

**Audience:** All employees grades GS 11-14

**Length:** 5 days

### **Career Strategies Follow-Up Session**

This follow-up session is for those who have participated in the Career Strategies Seminar within the past year. It is designed to reinforce management skills and concepts learned during the initial seminar.

### Objectives:

· Assess accomplishments made since the 5-day course

. Continue networking with past participants

**Contact:** Joan Simpson (202) 366-6391

Transportation Administrative Service Center

Audience: All employees grades GS 11-14 who have attended the S-day seminar

Length: 1 day

### **Excellence in Government Fellows Program**

The purpose of this program is to enhance the leadership and managerial skills of top-performing mid-level managers. It consists of a year-long series of interactions with successful leaders from major corporate and government organizations. While continuing to perform the duties of their current jobs, Fellows will be brought together with top executives from government and business in carefully structured seminars to explore the challenges confronting public sector managers in the decade ahead. The program is run for the Department by the Council for Excellence in Government. Nominations are normally due in May with the program beginning in September.

### **Objectives:**

- . Create a shared sense of organizational mission
- · Communicate a clear, powerful vision
- . Learn to take action that leads to measurable results

**Contact:** Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

Audience: Career employees at the GS/GM-14 level with or without supervisory experience who have

demonstrated high achievement and potential for membership in the Senior Executive

Service, and are committed to a career in the Federal Government

**Length:** 1 year

### **Executive Development Seminar**

This intensive residential seminar assists senior managers in making the transition to executive positions by helping them to understand, develop, practice, and expand their executive leadership skills. Special attention is given to the role of an executive in the public political environment. The seminar concentrates on strategic vision and organizational representation and liaison.

### **Objectives:**

- . Formally assess leadership strengths and weaknesses
- Understand the importance of emerging national issues and Presidential initiatives in the performance of individual roles
- . Appreciate the influence of Congress on Federal programs/services
- . Deal effectively with the media

. Enhance the ability to apply vision and strategic thinking to the needs of the organization

. Understand how public policy is formulated

**Contact:** U.S. Office of Personnel Management

Management Development Centers

Eastern: (717) 399-0112 Western: (303) 844-6181

Audience: Newly appointed SES members, managers and supervisors at the GSIGM-15 level, and

GS/GM-14 level managers and supervisors who are in an executive development program

**Length:** 2 weeks

### **Executive Forum Series (Consortium)**

The Senior Executive Service (SES) Forum provides convenient cost-effective training opportunities for top level government officials. SES Forums cover a wide range of topics relevant to the major missions and programs of Federal agencies. Senior Executives from about a dozen agencies participate in the series.

### **Objectives:**

. Strengthen relationships among Senior Executives across Federal agencies

. Identify resources for successful management strategies

. Assist with career and personal development

. Improve managerial and communication skills

Contact: Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

**Audience:** Usually 70 - 100 Senior Executives

**Length** Usually six forums are offered during the year

### **Executive Potential Program**

This program is for occupational specialists to prepare them for managerial and executive positions. It consists of a one-week residential orientation program, individual needs assessment, individual development plan, senior advisors, three one-week residential seminars which provide training in the competencies for new and developing managers, and a four-day program closeout and graduation. Each participant will also be required to have two 60-day developmental work assignments. In addition, each participant will be required to interview at least three senior executives and complete a three-day shadowing assignment of a high-level agency official. Nominations are normally due in November with the program beginning in March.

### **Objectives:**

. Complete individual needs assessment to help design an Individual Development Plan (IDP)

. IDP defines specific career and developmental objectives on an individual basis

**Contact:** Norm Riggins (703) 807-0333

The Graduate School, USDA

Audience: For GM-13/14 full-time permanent employees who have demonstrated significant managerial

or executive potential and who have had limited formal managerial training

**Length:** 1 year

### **Helping Others Succeed**

This workshop assists managers and supervisors in their role as "coaches." In the workshop, individuals learn how to be more effective and supportive in meeting the unique needs of each of their employees. Supervisors use feedback from two of their employees as well as a self assessment of their strengths and weaknesses in coaching, and learn coaching techniques to incorporate into their managerial style.

### **Objectives:**

- . Ability to coach employees toward continuous improvement
- . Reinforce mutual respect and open communication
- . Build a partnership for continuous learning

**Contact:** Lia Williams (202) 366-0909

Federal Highway Administration

Audience: All supervisors and managers

**Length:** 2 days

### Leadership for a Democratic Society

This 4-week residential program is designed to meet the executive development needs of senior level officials in the Federal Government who are already highly skilled in their technical specialties and in the programmatic and administrative processes of their agencies. The program addresses the active role expected of career senior executives and the democratic values and beliefs that underpin that leadership. The program is held at the Federal Executive Institute in Charlottesville, Virginia.

### **Objectives:**

- . Link individual development with improved organizational performance
- · Gain an expanded awareness of Governmentwide and agency perspective in organization and management
- Gain an awareness of personal and organizational development requirements and processes

**Contact:** Terri Harris (202) 366-9437

Transportation Administrative Service Center

**Audience:** GMIGS-15 managers

**Length:** 4 weeks

### Leadership Development Program, Phase I

This course expands and integrates foundational knowledge and skills for new supervisors to be effective leaders. Participants identify supervisory roles and responsibilities, examine their leadership styles, apply policy information in work situations using interpersonal communications skills, coaching and conflict resolution techniques, and develop action plans in partnership with their managers.

### **Objectives:**

- Recognize one's leadership style (Myers-Briggs Type Indicator preferences) and how one's leadership style impacts job performance
- . Identify biases and prejudices which impede effectiveness
- . Develop action plans for supporting equality/diversity
- · Give and receive feedback on a daily basis

. Utilize interpersonal communication skills to create an environment which promotes trust

- . Apply effective coaching skills to resolve performance and conduct issues
- . Apply productive team meeting and time management skills

. Apply knowledge of policies and programs in supervisory situations

**Contact:** Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

**Audience:** Newly selected supervisors and team leaders

**Length:** 7.5 days

### Leadership Development Program, Phase II

The course examines the basic concepts of trust, personal insight, self-direction, and enabling self and others in leadership roles. A "360 degrees" competency assessment instrument is completed by participants prior to attending the course. Students also read Stephen Covey's <u>The Seven Habits of Highly Effective People</u> in preparation for the course. The course includes indoor and outdoor (low element challenge course) experiential activities to simulate the challenges of the workplace and allow more effective performance patterns to replace less effective ones.

### **Objectives:**

- Create a climate of teamwork and trust in which diversity is valued and in which all are encouraged to contribute fully
- . Examine the meaning of paradigms and paradigm shifting
- . Write a personal mission statement which reflects one's personal roles, goals, and desired character qualities
- Develop effective leadership habits which contribute to individual and organizational growth such as proactivity, goal clarification, work organization, and synergy
- · Gain an understanding of what it means to be self-directed as a leader
- · Prioritize work to meet team and organizational goals

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

Audience: Supervisors and team leaders who have been through Phase I

Length: 7.5 days

### **Leadership Enhancement Session**

This course is designed to help leaders implement the integrated/empowered environment. Topics include empowerment, values alignment, strategies for inclusion, role clarification, process observation, systems thinking, and planning.

### **Objectives:**

- · Explain the values and tenets associated with an Integrated Product Development System (IPDS)
- . Apply strategies for improving relationships across the agency and within their teams
- Use the skills of facilitating, mentoring, consulting, and listening necessary to guide and participate in integrated product teams
- . Implement operational strategies for producing the cultural change associated with IPDS

**Contact:** Hal Curry (904) 446-7281

FAA Center for Management Development

Audience: Integrated Product Team leaders and functional managers within IPDS

**Length:** 4 days

### **Leadership Linkages Program**

This program focuses on specific structured interactions around turning ideas into actions in the form of constructive, productive, and systematic debriefing exercises. Graduates of Leadership Development Program, Phase I are involved in on-going follow-up activities/projects as coaches and as sources of feedback. The program also provides a structure for mentoring and monitoring supervisors' continuous career development in the field. A key element of the course is the required interaction between the supervisor and his/her manager.

### **Objectives:**

. Learning objectives vary depending on projects participants select or develop

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

**Audience:** New supervisors who have completed Leadership

Development Program, Phase I

Length: Self-paced

### **Management Development Seminar**

This residential seminar focuses on strengthening organizational excellence through team effectiveness and provides public sector leaders with the opportunity to enhance and sharpen their present managerial capabilities in order to meet the challenge of "creating a Government that works better and costs less." During the seminar, participants will engage in a variety of learning activities including self assessments, role plays, discussions, team interaction, group problem solving, and supplementary readings and videos.

### **Objectives:**

- Examine current Administration initiatives and their impact on managers
- . Strengthen organizational excellence
- . Increase understanding of ethics that lead to improving team/organizational performance
- . Identify leadership qualities and effectiveness characteristics through assessment
- · Gain in-depth skills in the area of negotiation and conflict resolution through interest-based bargaining
- . Incorporate diversity in the development of high performing organizations
- . Develop/review skills to enhance team dynamics and to lead highly successful teams
- . Develop strategy processes for problem clarification and resolution in the workplace
- . Understand the impact of future trends on managing organizations

**Contact:** U.S. Office of Personnel Management

Management Development Centers

Eastern: (717) 399-0112 Western: (303) 844-6181 **Audience:** Managers and supervisors at the GS 13-15 level

**Length:** 2 weeks

### **Management Issues Seminar**

Using a variety of learning formats (e.g., case studies, small and large group discussions, etc.) this seminar is offered in partnership with an academic institution and the Volpe National Transportation Systems Center.

### **Objectives:**

. Enhance ability to use planning techniques to identify and analyze key management issues

- . Broaden understanding of public policy decision-making
- . Discuss intermodal approaches to management issues

. Enhance multimodal relations

**Contact:** Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

Audience: GMIGS-15 managers

Length: 1 day

### The Manager's Course, Phase I - Establishing an Agenda

This course provides the skills and knowledge necessary for managers to maximize their leadership roles, and to support and lead new organizational directions. Participants practice skills that help them set the tone, goals, strategies, action plans, and process measures for their facility and enable them to clearly articulate a vision for their organization. Instruction is student-centered and uses approaches such as self-diagnosis, individual and group problem solving, and case studies. Students complete a "360 degrees" computer based assessment instrument prior to attending.

### **Objectives:**

- . Understand the difference between leader and manager
- · Assess personal leadership strengths and weaknesses
- . Empower managers to lead and manage their organization
- . Adopt a lifestyle that embraces wellness
- · Discuss and manage organizational diversity
- . Discuss and understand internal/external policies/programs
- . Identify internal and external customers
- . Foster intermodal thinking, learning, and team building
- . Develop and articulate a vision for a leader's organization
- . Develop and articulate a plan for organizational communication implementation
- · Receive feedback on a leader's vision

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

Audience: Managers within the first three years of management responsibility

**Length:** 5 days

### Manager's Course, Phase II - Expanding Your Influence

This course provides an opportunity for an intensive self-awareness experience leading to an appreciation for the role of the manager in the creation of the organizational environment. The course focus is an analysis of oneself and of one's current organizational relationships as a basis for development of a more effective organization.

### **Objectives:**

- . Integrate the concepts of influence, enrollment, and collaboration
- Recognize through giving and receiving feedback how personal behavior impedes or enhances managerial
  effectiveness
- · Identify individual prejudices, biases, and attitudes and their impact on managerial effectiveness
- . Create a new team structure designed to improve relational influence at the work site
- Identify and use behaviors which promote managerial effectiveness (e.g., language and listening skill which empower, enroll and facilitate systematic solutions)
- Recognize the interconnectedness of individual team members, their behaviors, attitudes, and team performance
- Design and plan implementation of a support structure for effecting change in the current organizational system
- Generate and commit to appropriate wellness strategies based upon the Personal Wellness Profile and knowledge of how wellness relates to managerial effectiveness

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

Audience: Managers who have been in mid-level management positions for at least one year

**Length:** 8 days

### **Managing Resources and Programs**

This course provides fundamental knowledge and skills that, when applied on-the-job, will enable course participants to take advantage of information, technology, staff, and agency initiatives to meet customer needs more cost effectively. The course topics are a blend of the practical and creative aspects of resources management. These topics include systems thinking, goal setting, problem solving, budget and staffing, influence strategies, information management, and diversity as a competitive advantage.

### **Objectives:**

- . Develop systems thinking strategies to improve resource planning, acquisition, and usage
- . Apply goal setting and problem solving strategies to accomplish results
- . Perform basic budget formulation and execution tasks
- . Recognize basic staffing considerations and the budgetary implications of actions
- Promote diversity in the work place for its value as a resource
- . Apply influence strategies to accomplish resource management goals
- · Recognize how managerial style may impact organizational performance
- Apply knowledge of organizational change dynamics to maintain the cost-effective use of resources during transitions in the work place
- Apply resource management tools to assist in planning, allocating, and monitoring resources in the work place
- Apply time management techniques in the work place

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

**Audience:** Personnel who have been recently assigned resource management responsibility or who expect

to assume these responsibilities in the next year, or those who wish to take the training as a

refresher

**Length:** 8 days

### **Mentoring Course**

This course introduces prospective mentors to the benefits of mentoring and offers lessons on how to select and interact with proteges, how to promote teamwork, and how to coach and provide feedback.

### **Objectives:**

. Define mentoring

. Clarify mentor and protege roles

. Explain the benefits of mentoring

· Describe the mentoring process

**Contact:** Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

Audience: Module A: High-level Secretaries and Administrative Assistants

Module B: Mid-senior Professionals Module C: Managers and Supervisors

Length: 1 day

### **National Defense University - Industrial College of the Armed Forces**

The primary mission of this residential program is to prepare selected military officers and civilians for senior leadership and staff positions by conducting postgraduate, executive-level courses of study and associated research dealing with the resource component of national power, with special emphasis on materiel acquisition and joint logistics, and their integration into national security strategy for peace and war. Graduates are awarded a Masters of Science in National Resources Strategy. Nominations are normally due in February with the program beginning in August.

### **Objectives:**

. Learn to think strategically

. Be able to understand, consider, and use the nation's resources in the solution of international issues

. Explore the elements of national power - military, economic, political, and societal - critical to waging war

. Enable participants to perform as strategic decision makers in the national security environment

**Contact:** Terri Harris (202) 366-9437

Transportation Administrative Service Center

**Audience:** GM/GS-15 or military equivalent

**Length:** 10 months

### **Naval War College**

The mission of this residential program located in Newport, Rhode Island is to enhance the professional capabilities of its students to make sound decisions in command, staff, and management positions in naval, joint and combined environments. It also provides students with a sound understanding of military strategy and operational art and to instill in them joint attitudes and perspectives. Graduates of the College of Naval Warfare are awarded a Master of Art in National Security and Strategic Studies. Graduates of the College of Naval Command and Staff are awarded a Naval War College diploma. Nominations are normally due in May with the program beginning in August.

### **Objectives:**

- . Learn to think strategically
- · Enable participants to perform as strategic decision makers in the national security environment
- Learn to plan and conduct joint and combined military operations in support of national and alliance strategic goals

**Contact:** Terri Harris (202) 366-9437

Transportation Administrative Service Center

Audience: College of Naval Warfare: GS-13 to GS-15 or military equivalent; College of Naval

Command and Staff: GS-11 to GS-13 or military equivalent

**Length:** 10 months

### **Performance Appraisal Feedback**

This session is open to both new and experienced supervisors, and involves role playing, instruction, and open discussion to prepare for performance review meetings.

### **Objectives:**

- Provide strategies that come before the performance reviews
- . Learn how to open and manage the performance review meeting
- Learn how to properly perform performance review closure and follow-up

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: All supervisors and managers

**Length:** 4 hours

### **Science of Leadership**

This program provides managers and supervisors with the skills needed to perform their management responsibilities. The interactive seminar includes reviews of industry and academic trends, personal assessments, small group analysis, and case examination to help participants master the complex demands of their roles. The program is offered at the Federal Executive Institute in Charlottesville, Virginia.

### **Objectives:**

- . Improve leadership performance
- . Develop team building skills
- . Learn to manage performance issues

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and supervisors

**Length:** 3 days

### Science of Leadership (Booster)

This seminar is a 2-4 week follow-on to the primary Science of Leadership seminar. It provides attendants with reinforcement skills learned from the primary seminar.

### **Objectives:**

. Reinforce lessons learned

. Provide support in applying new techniques

. Critique events that have occurred

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and supervisors

**Length:** 1 day

### **Seminar on Managerial Competencies**

This residential seminar emphasizes managerial skills needed to operate in the context typical of higher-level management jobs in technical, scientific, legal, and specialized fields through experiential learning techniques such as simulations, teambuilding, exercises, and case studies. Case studies are drawn from actual experiences of public sector managers in managing programs and people implementing public policy.

### **Objectives**

- . Understand strategic outcomes consistent with the Government Performance and Results Act
- Build skills to develop effective working relationships
- . Improve dispute resolution skills
- . Deal effectively with change and transformation
- . Develop communication and media relations skills
- Explore public policy implementation issues for Federal managers

**Contact:** U.S. Office of Personnel Management

Management Development Centers

Western: (303) 844-6181

**Audience:** Managers at the GS/GM-14 level and above who have moved from technical, scientific,

legal, or specialist positions into management positions without the benefit of prior

supervisory or management experience and training

**Length:** 2 weeks

### **Successful Supervision**

This course is an experienced-based course designed to provide new supervisors with the basic knowledge, skills, and abilities necessary to perform as a first-level supervisor. Although it is primarily designed for new supervisors, experienced supervisors who have not had any formal training may also benefit from this course. It is designed to teach new supervisors about their roles and responsibilities so that they can effectively apply them at work.

### **Objectives:**

- . Describe the behavioral requirements, roles, and responsibilities of a first-level supervisor
- . Describe the changing nature of supervision in the 1990s
- · Assess your own level of possession of required first-level supervisory behaviors
- . Describe strategies to manage stress and time effectively
- . Describe models and methods of communication
- . Describe the process of active listening
- · Describe types of feedback and appropriate uses of each
- · Describe the behaviors that differentiate leadership from management
- . Apply situational leadership styles to supervising employees
- . Apply a process to managing performance problems
- Describe strategies to effectively manage work teams and workplace conflicts
- . Solve problems more effectively through the use of a systematic and objective processes
- . Identify strengths and weaknesses in relation to the behavioral requirements of new supervisors

**Contact:** Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

**Audience:** New supervisors and experienced supervisors who have not had formal training

**Length:** 5 days

### Supervision and Leadership Skills Seminar

This course is intended to give insight into how to work with and through people to get the work of a team/office done. The course will provide the latest in management and leadership concepts and theory, as well as provide a forum for discussion and resolution of problems encountered on the job to further define and reinforce the participants' leadership role. It also deals with the challenges and opportunities of stepping up to a supervisory/leadership role.

### **Objectives:**

- . Understand and make use of the latest management and leadership concepts and theories which are applicable to the Federal sector
- . Understand and implement the team concept of organizational development and management
- . Understand the value of improved communication with subordinates and peers
- Know what is involved in group problem solving from a management perspective and how to use various problem solving techniques for solutions to their current and anticipated problems
- Understand their individual leadership/management style, their leadership role, interactions with peers and subordinates, communication styles, and human behavior in general
- Discover the value of participative management, especially as it relates to planning, establishing goals, vision and mission, evaluation strategies, reward and recognition systems, and problem solving

**Contact:** Ken Gould (202) 366-1163

Federal Highway Administration

**Audience:** GS-13/14 first level supervisors or team leaders

**Length:** 5 days

### **Systems Thinking**

This course is designed to provide leaders with the knowledge and skills necessary to analyze specific organizational issues within the context of the larger organizational system and provides practice in designing systemic interventions. Participants enhance their problem solving skills by analyzing complex situations involving shrinking financial resources and increasing responsibilities. It also provides participants with the knowledge and skills to apply systems thinking in the analysis and to design of strategic interventions, and identify individual assumptions and organizational patterns that influence individual and organizational effectiveness.

### **Objectives:**

- Explain individual assumptions about how the Agency works, and how their individual assumptions may affect decision making processes in specific work-related situations
- . Analyze how these assumptions are restricting learning or innovation in specific work-related situations
- Assess specific organizational situations to identify the system structures and leverage points
- · Design alternative ways of systematically addressing specific organizational issues

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

Audience: Intact work groups, managerial teams, and managers

with 5 or more years of management experience

**Length:** 5 days

### **Transportation Issues Seminar**

This seminar provides DOT Senior Executives who plan, execute, and evaluate Departmental policy an opportunity to discuss intermodal approaches to national transportation policy issues, enhances their ability to use strategic planning in identifying and addressing existing and long-range national transportation needs, and broadens their understanding of public policy decision-making.

### **Objectives:**

- . Strategically formulate national transportation program goals
- . Contribute to problem solving in the transportation policy area
- . Examine changing conditions in the transportation industry and their implications with peers

**Contact:** Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

Audience: Senior Executives Service (SES) members and Flag Officers; GM-15 managers on an

exceptional basis

**Length:** 3 days

### Women's Executive Leadership Program

This developmental program provides supervisory/managerial training and developmental opportunities for high-potential Federal employees preparing them for future opportunities as supervisors and managers. The training takes place in Washington, DC and surrounding residential sites. The formal and informal experiences will require participants to be away from their positions for approximately four months. Other assignments can be completed back on the job. The program components include a residential orientation session, individual needs assessments, individual development plans, one five-day residential training program and one two-week residential training program, one 30-day and one 60-day assignment outside work, cluster group activities including design and delivery of a 3-hour presentation for the entire class, a one-week shadowing assignment, executive interviews, management readings, preparation of an individual impact paper and program closeout. Nominations are normally due in December with the program beginning in May

### **Objectives:**

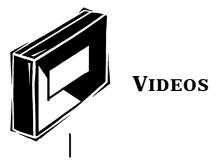
• Learning objectives vary depending on individual career and developmental objectives stated in participants' Individual Development Plans (IDP)

Contact: Debra Eddington (703) 807-0327

The Graduate School, USDA

**Audience:** For full-time permanent employees, women and men, at the GS-11/12 level

**Length:** 1 year



### Be Prepared to Lead

**Producer:** Toastmasters International and Kantola Productions

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

**Length:** 45 minutes

### Being a Leader

**Producer:** Video Classics

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** All employees **Length:** 45 minutes

### Bringing Out the Leader in You

**Producer:** American Management Association

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: All supervisors, managers, and team leaders

**Length:** 23 minutes

### **Coaching for Top Performance**

**Producer:** American Management Association

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: All supervisors, managers, and team leaders

**Length:** 26 minutes

### The Effective Manager Seminar Series

**Producer:** Brian Tracy

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

**Length:** 12 hours

### **Empowering Others**

**Producer:** American Management Association **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily for supervisors, managers, and team leaders, but all employees could benefit

**Length:** 23 minutes

### **Hidden Assets: Empowering Government Workers**

**Producer:** MTI Film and Video

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily for supervisors, managers, and team leaders, but all employees could benefit

**Length:** 20 minutes

### In Search of Excellence

**Producer:** Nathan/Tyler Productions (based on Tom Peters' book)

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All managers, supervisors, and project or team leaders

### **Leadership Skills for Women**

**Producer:** Crisp Publications, Inc.

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily designed for female supervisors, managers, and team leaders, but all employees

could benefit

**Length:** 25 minutes

### **Leadership: The Critical Difference**

**Producer:** Brian Tracy

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** Managers and Supervisors

**Length:** 4 hours

### Learning to Think Like a Manager

**Producer:** CRM McGraw-Hill Films **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: All supervisors and project or team leaders

**Length:** 25 minutes

### Liberation Management

**Producer:** Video Publishing House, Inc. **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily for managers, supervisors, and team leaders, but all employees could benefit

**Length:** 60 minutes

### Managing the Journey (Part 1: Coping with Change & Part 2: Situational Leadership)

**Producer:** Barr Films

**Audience:** 

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration Supervisors, managers, and team leaders

**Length:** 75 minutes total

### **Managing Organizational Climate**

**Producer:** McGraw-Hill Films

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: All supervisors, project and team leaders

**Length:** 24 minutes

### Mentoring

**Producer:** Crisp Publications

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** Primarily designed for supervisors, managers, team leaders, and mentors, but all employees

could benefit

**Length:** 25 minutes

### **Motivating People Toward Peak Performance**

**Producer:** Brian Tracy

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

**Length:** 4 hours

### **Motivation - The Classic Concepts**

**Producer:** CRM McGraw-Hill Films **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: All supervisors and project or team leaders who have not been exposed to these theories

**Length:** 21 minutes

### **Paradigm Pioneers**

**Producer:** Charthouse Learning Corporation **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily designed for supervisors, managers, and team leaders, but all employees could benefit

**Length:** 30 minutes

### A Passion for Excellence (sequel to In Search of Excellence)

**Producer:** Nathan/Tyler Productions and CBS Fox Video

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: All executives, managers, supervisors, and team leaders

**Length:** 63 minutes

### Who Cares?

**Producer:** Crisp Publications

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily designed for supervisors, managers, and team leaders, but all employees could benefit

**Length:** 25 minutes



### 50 Activities for Developing Leaders

Author: Lois Hart

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily for trainers and facilitators, but managers, supervisors, and team leaders could also

benefit

Length: 295 pages

### 50 Activities for Quality Leadership - Volume 1

**Author:** Dr. Marlene Caroselli

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily for trainers and facilitators, but managers, supervisors, and team leaders could also

benefit

**Length:** 235 pages

### Assertive Techniques On-The-Job

**Author:** Dun & Bradstreet

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** All employees **Length:** -Workbook

### Coaching and Counseling: A Practical Guide for Managers

**Author:** Marianne Minor

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Anyone who influences, directs, teaches or motivates others

Length: Individual

### **Executive Leadership**

**Authors:** Mary E. Tramel and Helen Reynolds **Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 268 pages

### Leader Effectiveness Training: The Foundation for Participative Management and Employee Involvement

**Author:** Dr. Thomas Gordon

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** Managers and Supervisors

Length: 269 pages

### The Leadership Challenge

Authors: James M. Kouzes and Barry Z. Posner Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 362 pages

### Leadership is an Art

Author: Max DePree

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

Length:\* 200 pages

### **Leadership Jazz**

Author: Max DePree

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** Managers and Supervisors

**Length:** 250 pages

### **Managing for Commitment**

**Author:** Carol Kinsey Goman, Ph.D. **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration **Audience:** Managers and Supervisors

Length: 72 pages

### Mentoring Handbook

**Author:** DOT Office of the Secretary

Human Resources Development Division

**Contact:** Learning and Development Group (202) 366-4122

Transportation Administrative Service Bureau

**Audience:** All employees **Length:** 79 pages

### Quality Leadership Through Empowerment: Standards of Leadership Behavior

**Author:** Dick Leatherman, Ph.D.

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

**Length:** 300 pages

### Seven Habits Of Highly Effective People: Powerful Lessons in Personal Change

**Author:** Stephen R. Covey, Ph.D. **Contact:** Ken Gould (202) 366-1163 or

Contact: Ken Gould (202) 366-1163 or Veronica Wooten (202) 366-6517

Federal Highway Administration

Audience: Managers and Supervisors

Length: 340 pages

### Successful Manager's Handbook

**Author:** Editor: Personal Decision

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 723 pages

### Transforming Leadership: New Skills for an Extraordinary Future

**Author:** Terry D. Anderson, Ph.D.

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

**Length:** 200 pages



### Getting the Best Out of Yourself and Others

**Authors:** Buck Rodgers and Irv Levey **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** Managers and Supervisors

**Length:** 37 minutes

### **How Managers Make Things Happen**

Author: Professor George Ordiorne, University of Michigan

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Managers and Supervisors

**Length:** 45 Minutes

### The Inner Game of Management: How to Make the Transition to Managerial Role

**Authors:** Eric G. Flamholtz and Yvonne Randle

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience:. New Managers and Supervisors

**Length:** 41 minutes

### **Problem Solving for Executives**

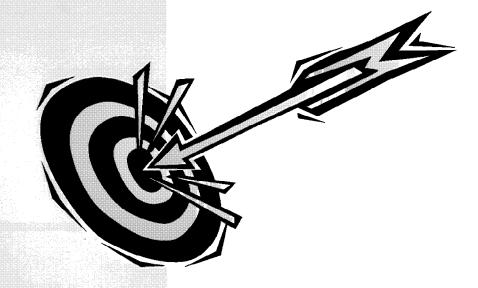
Author: John McCollister

**Contact:** Ken Gould (202) 366-1163 or

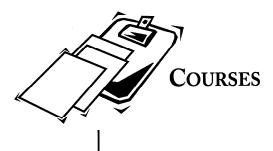
Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Managers and Supervisors

**Length:** 90 minutes



## CUSTOMER FOCUS



### **Dynamics of Transformation**

This course prepares a workforce for "mentoring" the change process by establishing a framework for change and developing insights on overcoming political and organizational barriers that may impede the transition. As designed, the course sets a positive direction for implementing and managing change by delivering clear, consistent messages regarding vision, mission, values, goals, and priorities. It focuses on nine elements including leadership, customer focus, strategic planning, teamwork, partnerships, continuous improvement, understanding and valuing diversity, openness to change, and continuous learning which are critical to the transformation process.

### **Objectives:**

- . Understand the compelling reasons for change
- . Understand the driving forces for change
- Know the overarching vision and values for transforming (i.e., how to best serve customers, work together, treat others)
- . Understand the change "process"
- . Understand the change model and the nine critical elements
- · Know how to cultivate change strategies, overcome resistance, and accept one's responsibility for change

**Contact:** Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

**Audience:** All employees **Length:** 1-3 days

### Organizational Transformation in the Public Sector

The objective of this residential seminar is support for a customer-focused Government philosophy. Through lectures, workshops, and case-study based simulation, participants receive the information and tools to implement organizational improvement by applying process improvement principles and methodologies to "manage for results."

### **Objectives:**

- . Understand the scope and dynamics of organizational transformation and total systems change
- . Learn how to implement customer-driven service and to identify and measure impact of customer service
- Learn basic skills for strategic thinking and process improvement
- Learn about employee involvement, empowerment, team skills, and how to create an environment that encourages employee participation
- . Manage self-regulating teams
- . Examine the change envisioned by the National Performance Review

**Contact:** U.S. Office of Personnel Management

Management Development Centers

Eastern: (717) 399-0112 Western: (303) 844-6181

**Audience:** Managers and key staff at the GS-13 level or above intending to implement continuous

improvement in their organizations

**Length:** 2 weeks

### Teambuilding in a Customer Service & Quality Improvement Environment

This is an experiential course that follows the Transformation/Quality Management/Customer Service course and helps organizations make the transition to a quality management and customer focused environment while moving toward an organizational structure centered around teams as a way of doing day-to-day business. It will focus on the practical side of changing to a team concept in a quality management/customer service environment. The course is highly interactive between the instructor and participants to demonstrate the value of teamwork to accomplish tasks.

### **Objectives:**

- Understand the team concept, the various types of teams and their uses, and the relationship of teams to quality management and customer service
- Know the role of team members and team leaders
- . Apply team principles to possible restructuring of their organization
- Know the stages that a team normally goes through and how to cope with these stages
- Understand the changes which will occur in relationships between the team members and between the team and those outside of the team
- · Apply problem-solving principles and techniques within a team environment to real, work-related problems
- . Develop, as a minimum, a team mission statement that all team members can work toward everyday

**Contact:** Ken Gould (202) 366-1163

Federal Highway Administration

Audience: All employees

**Length:** 2 days

### Transformation/Quality Management/Customer Service

This two-day module will focus on the background for the Quality Movement in industry and Government, what change will take place as Government moves in this direction, and how to cope with those changes. It will also cover Quality Management (process improvement, problem solving) principles and techniques, and the value of a customer service orientation in everything we do. Teamwork will be the standard method of operation for the class.

### **Objectives:**

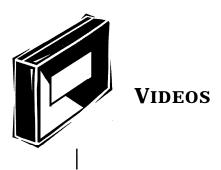
- . Understand the compelling reasons for and the driving forces behind change and the change process
- Know how the changes which we will seeing will affect them and their work, and how good management can ease change into the work environment
- . Be able to develop a personal and unit mission statement that gives them a sense of purpose and belonging
- · Understand the principles, terms, processes and problem solving techniques used in quality management
- Apply quality management principles, processes, and techniques to improve the services within their own organization
- Understand the value of customer service and how it can be integrated into every aspect of the organization's work
- Understand the various kinds of customers, clients, stakeholders, and suppliers that we are involved with and how each fits into our working operations
- . Know how to identify customers, interact with customers, give customers more than they want, and measure customer satisfaction

**Contact:** Ken Gould (202) 366-1163

Federal Highway Administration

**Audience:** Personnel at the GS-14 level and below

**Length:** 2 days



### **Building A Customer Driven Organization: The Manager's Role**

**Producer:** CareerTrack

Ken Gould (202) 366-1163 or **Contact:** 

> Veronica Wooten (202) 366-6517 Federal Highway Administration

All employees **Audience:** 

Length: 94 minutes total (3 tapes)

### **Determining Caller Needs**

Producer: The Telephone "Doctor" (Nancy Friedman)

Contact: Ken Gould (202) 366-1163 or

> Veronica Wooten (202) 366-6517 Federal Highway Administration

All employees Audience:

25 minutes Length:

### The Hidden Customer

Producer: Salenger Films

Ken Gould (202) 366-1163 or **Contact:** 

> Veronica Wooten (202) 366-6517 Federal Highway Administration

All employees **Audience:** Length: 19 minutes

### **How to Deliver Superior Customer Service**

**Producer:** Inc. Magazine

Deborah M. Cogill (617) 494-2156 Contact:

Volpe National Transportation Systems Center

**Audience:** All employees 1 hour Length:

### **Measuring Customer Satisfaction**

**Producer:** Crisp Publications

Ken Gould (202) 366-1163 or **Contact:** 

> Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees Length: 30 minutes

### The Power of Excellence: The Forgotten Customer

**Producer:** Video Publishing House

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: All managers, supervisors, and project or team leaders who have "customers" that they must

work with

**Length:** 70 minutes

### **Telephone Doctor #3: From Curt to Courteous**

**Producer:** Nancy Friedman

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily for those in receptionist-type positions, but all employees could benefit

**Length:** 30 minutes



### Managing to Keep the Customer: How to Achieve and Maintain Superior Customer Service Throughout the Organization

**Author:** Robert L. Desatnick

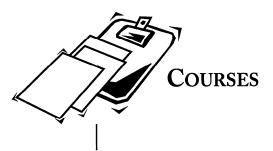
**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 40 minutes



## STRATEGIC PLANNING



### Strategic Planning Through the Power of Vision

This course provides the skills and knowledge necessary for managers to maximize their leadership role, and to effectively support and lead new organizational directions. A departmental theme is emphasized and instruction is student-centered. Approaches such as self-diagnosis, along with individual and group problem solving are used. Participants complete a "360 degrees" computer-based assessment instrument prior to attending.

### **Objectives:**

- . Understand the difference between leader and manager
- Assess personal leadership strengths and weaknesses
- . Empower managers to lead and manage their organization
- . Managers adopt lifestyle that embraces wellness
- . Discuss and manage organizational diversity
- . Discuss and understand internal/external policies/programs
- . Identify internal and external customers
- . Foster intermodal thinking, learning, and team building
- . Develop and articulate a vision for leader's organization
- . Develop and articulate a plan for organizational communication implementation
- · Receive feedback on leader's vision

Contact: James McLeese Brown (202) 366-9434

Transportation Administrative Service Center

Audience: GM-14/15 second-level branch or division managers and senior military managers at the

Commander and Captain levels

**Length:** 5 days

### Strategic Planning Workshop (GPRA)

The course provides managers with competencies required to write strategic plans, set goals for programs, establish performance measures, and measure performance against the goals.

### **Objectives:**

- · Understand the history and requirements of the Government Performance and Results Act of 1993
- . Understand definition of strategy and strategic planning
- Establish performance goals (outcomes) and objectives
- . Identify and analyze external factors that could affect achievement of the goals and objectives
- . Establish performance indicators to measure the goals (outcomes) to be achieved
- . Identify processes and resources to be used in achieving goals
- . Critique strategic plan

Contact: James McLeese Brown (202) 366-9434

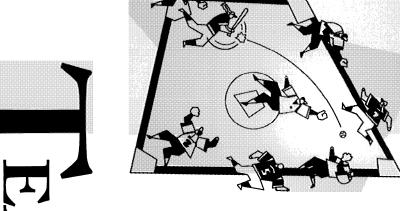
Transportation Administrative Service Center

**Audience:** All managers who have a need to write strategic plans

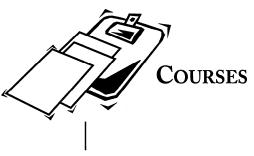
**Length:** 2-3 days



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# MWORK



### **Building Effective Work Teams**

This course reflects the changes Government departments are experiencing today. Features include a pre-training consultation with management, team measurement and evaluation skills for improved customer satisfaction, and 16 hours of process-consultation or specific skills training in the work environment for all teams upon completion of the training.

### **Objectives:**

. Use communication skills to enhance team functioning and therefore productivity

. Apply analytical and problem solving skills to team tasks for improved efficiency and effectiveness

. Evaluate team products and services for increased customer satisfaction

**Contact:** Frederica Burnett (202) 366-6612

Transportation Administrative Service Center

**Audience:** Intact work teams

**Length:** 3 days

### **Individual and Team Effectiveness**

This course provides a framework for high performance, both as individuals and as members of teams. In a participatory manner, participants build trust and self-direction, gain insight and self-awareness, and grow toward interdependence. Using the Myers-Briggs type indicator and Stephen Coveyı́s text, The Seven Habits of Highly Effective People, participants focus on their personal mission and leave the course with a plan for how they can contribute their own committed actions to their work and the Agency.

### **Objectives:**

- . Enhance trust among its members
- . Implement effective individual and team communication strategies
- . Implement strategies to increase the time spent on issues they can influence at work
- . Clarify goals and roles
- . Identify the principles which guide decision making
- . Create a team mission statement
- . Apply multiple frames of reference to solve complex problems creatively and effectively

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

Audience: Work groups and newly formed self-managing teams

**Length:** 3 days

### **Integrated Product Teams: Working Together Effectively**

This course is designed to meet the developmental needs of integrated product team members. These teams work cross-functionally to provide the product and services capabilities necessary to support the Agency's mission. The course focuses on strategies, skills, knowledge, and attitudes that support the process of working together effectively in an empowered culture.

### **Objectives:**

- . Enhance trust among members
- Give and receive feedback in a manner which enhances product quality and team productivity
- . Evaluate the positive impact of managing conflict on team productivity and product quality
- Identify and apply appropriate verbal and non-verbal communication techniques to accomplish the Product Team goals and objectives
- . Determine strategies to increase team effectiveness
- . Collaborate to develop initial/draft IPT Plan inputs

**Contact:** Hal Curry (904) 446-7281

FAA Center for Management Development

Palm Coast, Florida

Audience: Integrated product team members

**Length:** 4 days

### Six Secrets of Highly Successful Teams

The Center for Executive Management Training at the United States Merchant Marine Academy presents this powerful, exciting approach to team development. Using classroom instruction, intensive course participation, hands-on simulation exercises, personnel and corporate rating forms, and other innovative activities, this course provides engaging and enlightening learning experiences.

### **Objectives:**

- . Understand the stages of team development
- Learn the three factors of success
- · Learn the six secrets of successful teams
- Learn how to create successful environments to grow teams
- Learn how to select effective team members

Contact: U.S. Merchant Marine Academy (516) 773-5120

**Audience:** For all staff levels

**Length:** 5 days

### Teambuilding in a Customer Service & Quality Improvement Environment

This course follows the Transformation/Quality Management/Customer Service course and helps organizations make the transition to a quality management and customer focused environment while moving toward an organizational structure centered around teams as a way of doing day-to-day business. It will focus on the practical side of changing to a team concept in a quality management/customer service environment. The course is highly interactive between the instructor and participants to demonstrate the value of teamwork to accomplish tasks.

### **Objectives:**

- Understand the team concept, the various types of teams and their uses, and the relationship of teams to quality management and customer service
- · Know the role of team members and team leaders
- . Apply team principles to possible restructuring of their organization
- Know the stages that a team normally goes through and how to cope with these stages
- Understand the changes which will occur in relationships between the team members and between the team and those outside of the team
- · Apply problem-solving principles and techniques within a team environment to real, work-related problems
- . Develop, as a minimum, a team mission statement that all team members can work towards every day

**Contact:** Ken Gould (202) 366-1163

Federal Highway Administration

**Audience:** All employees

**Length:** 2 days

### **Team Development Workshop**

The team development workshops are designed to provide instructional and consultative services to organizations and teams (natural and ad-hoc), tailored to their specific needs. Deliveries may consist of existing developed courses, abbreviated or modified deliveries of existing courses, or facilitation around specific issues (e.g., visioning, team building, goal setting, reengineering, consolidating, transition of leadership, and interpersonal communications training). The overall outcome is to build effective work groups that share a sense of community and a commitment to resolving issues.

### **Objectives:**

- Establishment of organizational vision, mission, goals, and objectives
- . Improve interpersonal communication skills
- . Enhanced atmosphere of trust of co-workers and commitment to shared goals
- . Increased appreciation for the value of diversity
- Empowerment of the team to be responsible for solutions and increased understanding of the contribution each member adds to organizational success
- Effective problem solving and decision making processes
- . Ability to confront and effectively resolve conflicts
- Matured attitudes about continuous improvement, self assessment, and the responsibility and ability to self manage
- Clarification of roles and responsibilities

**Contact:** Bill Masters (904) 446-7132

FAA Center for Management Development

Palm Coast, Florida

Audience: Any work group committed to a common goal

**Length:** Varies, generally 2-5 days



### **Cambridge Case Studies: Competing Through Teamwork**

**Producer:** McNeil/Lehrer Business Reports **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily designed for supervisors, managers, and team leaders, but all employees could benefit

**Length:** 12 minutes

### **Group Dynamics: Groupthink**

**Producer:** McGraw-Hill Training Systems **Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: All employees

Length: 1 hour

### Implementing Self-Directed Work Teams

Producer: CareerTrack

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily designed for supervisors, managers, and team leaders, but all employees could benefit

**Length:** 210 minutes total (3 tapes plus workbook)

### **Keeping Teams Together**

**Producer:** American Management Association

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily designed for supervisors, managers, and team leaders, but all employees could benefit

Length: 20 minutes

### **Leading the Service Team**

**Producer:** Blue Sky Productions

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration Audience: Primarily for managers, supervisors, and team leaders (facilitators), and for anyone else who is

part of a work team, task force, or focus group

**Length:** 24 minutes

### Team Building: A Blueprint for Success

**Producer:** American Management Association **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Project leaders, supervisors, and managers

**Length:** 18 minutes

### **Team Building: Dealing with Different Personalities**

Producer: Encyclopedia Britannica Educational Corporation

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Project leaders, supervisors, and managers

**Length:** 16 minutes

### **Team Building: Teams and Leaders**

**Producer:** Melrose Productions, Ltd. **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Project leaders, supervisors, and managers

**Length:** 23 minutes

### Tearn Player

**Producer:** American Media, Inc.

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** Anyone part of a continuing team or special task group

**Length:** 21 minutes

### A Team of Two

**Producer:** Cally Curtis Company

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration Audience: Project leaders, supervisors, and managers, secretaries, and support personnel

**Length:** 30 minutes

### **Working Together Works**

Producer: Dartnell

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 24 minutes

### Workplace Teams - (Building Successful Teams & Helping Teams Succeed)

**Producer:** American Management Association **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees

**Length:** 40 minutes total (2 tapes)



### 50 Activities for Team Building - Volumes 1 & 2

Authors: Glenn Parker and Richard P. Kropp, Jr. (Volume 1) and Mike Woodcock (Volume 2)

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** Team leaders and members

**Length:** 220 pages (Volume 1); 241 pages (Volume 2)

### **Creating the High Performance Team**

**Author:** Steve Buchholz and Thomas Roth

**Contact:** Ken Gould (202) 366-1163 or Veronica Wooten (202) 366-6517

Federal Highway Administration

**Audience:** Managers and Supervisors

Length: 195 pages

### Self-Managing Teams: A Guide for Creating and Maintaining Self-Managed Work Groups

**Authors:** Diane Bone and Robert F. Hicks, Ph.D.

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Those involved in Self-Managing Teams

Length: Individual

### The Wisdom of Teams: Creating the High-Performance Organization

Authors: Jon R. Katzenbach and Douglas K. Smith

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** Team leaders and members

Length: 291 pages



### **Implementing Self-Directed Work Teams**

This four-part audio program explores the idea of self-directed teams for your department. The program describes what self-directed teams are, how they work, and how to create and manage them. An accompanying workbook reviews the key points and provides various exercises and opportunities for performing individual skills inventory

**Tape** 1 - This first tape discusses the characteristics of Self-Directed Work Teams (SDWT's) and contrasts them with traditional management models.

**Tape** 2 - This section explores the pre-implementation phase, including the three primary levels of compensation in the Self-Directed Work Team, reducing risks, and knowing obstacles.

**Tape** 3 - The third section of the course focuses on team training and the implementation phase.

**Tape** 4 - This last audio tape addresses the post-implementation phase.

**Producer:** CareerTrack Publications

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors responsible for setting up teams

**Length:** 4 hours

### The Wisdom of Teams: Creating the High-Performance Organization

Authors: Jon R. Katzenbach and Douglas K. Smith

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** Team leaders and members

**Length:** 90 minutes

### **Managing Without Managers**

**Producer:** ODT. Inc.

**Contact:** Deborah M. Cogill (617) 494-2156

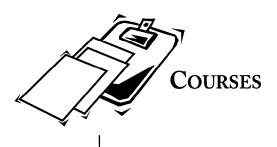
Volpe National Transportation Systems Center

**Audience:** Managers and Supervisors

**Length:** 2 hours



### PARTNERSHIPS



### Alternate Dispute Resolution: Mediated/Facilitated Problem Solving

This course is designed to provide participants with a theoretical background as well as practical skills in applying sound mediation practices and principles while managing/resolving disputes in the new labor-management partnership environment. Participants will address implementation issues and learn to utilize a full range of effective mediation skills, techniques and strategies.

### **Objectives:**

- . Identify the key basis for ADR within the Federal Government
- . Determine appropriate uses for ADR
- Distinguish among unassisted, assisted and third-party decision-making methods, including advantages/disadvantages
- Discuss the new partnership environment within the Federal Government and compare/contrast similarities and differences between partnering and labor-management partnerships

**Contact:** Learning and Development Group (202) 366-6612

Transportation Administration Service Center

Audience: Supervisors and Managers, Labor and Employee Relations Specialists, Union Representatives

who are Federal Employees, Agency Legal Staffs, members of Partnership Councils, EEO

Managers, ADR Specialists and Regulatory Policy Makers

**Length:** 2 days

### **Conflict Resolution**

This course is intended to analyze interpersonal conflict: what it is, why it can be valuable, and how to deal with it. It deals with conflict on three levels: from a managerial standpoint – how to deal with conflict between you and an employee, and how to deal with conflicts which arise between employees who work for you; from a personal standpoint – how to deal with conflict between you and your peers; and from a managing up standpoint – how to deal with conflict between you and your boss.

### **Objectives:**

- <sup>a</sup> Generate new ideas on how to handle conflict situations
- . Promote change and growth in an organization
- . Be more creative in problem solving related to conflict
- · More easily clarify issues involved in conflict management

Contact: Doris Ann Damewood (202) 366-1935

Federal Highway Administration

Audience: Managers, supervisors, and team leaders

**Length:** 2 days

### Creating Partnerships in a New Environment

This course introduces managers and human resource (HR) professionals to a partnering environment, where information is shared and the norm is a means of contributing to organizational success as well as an environment where HR professionals are viewed as assets rather than liabilities.

### **Objectives:**

- Identify and use advanced partnering and management techniques
- Evaluate and improve change management and planning strategies
- · Practice communication skills and problem solving techniques
- Identify and use basic information resources for problem-solving
- Practice and evaluate quality team management skills

**Contact:** Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

Audience: Managers and Human Resources professionals

**Length:** 3 days

### **Dealing with Difficult People**

When working on complex projects, with tight time and budget constraints, personal relationships and working styles can hinder productivity and team and customer relations. Many supervisors and employees avoid confronting difficult people because of their own feelings of discomfort, or for fear of putting off an important contributor to the project's success. Managing around difficult people, and enabling other employees to work with them, challenges supervisors and employees to leverage a variety of approaches and styles in the work group to maximize productivity and employee satisfaction.

### **Objectives:**

- Acknowledge that conflict is inevitable, predictable, and can be healthy for both individuals and organizations
- Recognize and identify behavior of difficult people
- · Analyze and predict an intervention strategy that will diffuse difficult behavior
- Think clearly, listen actively, and act effectively with difficult people, even when feeling strongly
- Manage confrontations and resolve complaints with difficult people so that they are opportunities for change and growth rather than punishment and bad feelings
- Predict and prevent further problems with situational or chronic difficult people and become less a target for their behavior

Contact: Doris Ann Damewood (202) 366-1935

Federal Highway Administration

**Audience:** Managers, supervisors, and team leaders

**Length:** 2 days

### **Interest-Based Negotiations**

This course provides a framework for labor and management representatives to engage in a negotiating process of joint problem solving to develop agreements that maximize gains for both parties.

### **Objectives:**

- . Distinguish between interest-based and position-based bargaining
- . Develop a strategy for identifying options for mutual gains that focus on interest, not positions
- . Practice problem solving skills in a negotiation setting
- . Identify objective criteria for evaluating various options and apply in mock negotiations
- . Focus on interests, not positions
- · Identify institutional (labor and management) support structure required to facilitate negotiations

Contact: Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

Audience: Labor Relations Specialists, Federal Employees who are Union Representatives, Supervisors

and Managers

**Length:** 3-4 days

### **Labor-Management Relations**

This course provides information and skill-building for supervisors to use in their relationships with unions. Participants learn about creating effective labor-management relationships in the workplace through an understanding of the rights and responsibilities defined by law, contracts, and executive orders and by acting in partnership.

### **Objectives:**

- . Recognize how Statute and Executive Order 12871 apply to workplace relationships
- . Identify union/management/employee responsibilities in contract administration
- Practice the basic principles of interest-based bargaining
- . Practice collaborative behaviors that will transfer to the workplace

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

Audience: Supervisors and managers working with bargaining unit employees; others who can enhance

partnership through labor relations principles

**Length:** 5 days

### The Partnership Challenge

This course is intended for "true pairs" that desire to create a more collaborative working relationship. It uses experiential learning to provide the knowledge of formal and informal partnership roles and gives the participants the skills required to be in full collaboration when working through issues in the workplace.

### **Objectives**

- Choose to value differences of others by using behavior and language which communicates appreciation
- . Identify mutual values
- . Recognize whether individual behavior impedes or enhances partnership
- . Identify and describe the roles and responsibilities of both partners

. Resolve a work issue by applying interest-based problem solving strategies

. Identify specific ways the partners can build a stronger partnership

. Identify interest-based negotiating techniques that work in actual workplace issues

**Contact:** Roberta Sappington (904) 446-725 1

FAA Center for Management Development

Audience: Any pair involved in a collaborative relationship

**Length:** 4.5 days

### **Principles Of Partnership - Conceptual Overview**

This course provides an overview of the basic requirements of preparing for partnerships as well as requirements of partnerships in the framework of Federal sector labor-management relations.

### **Objectives:**

. Understand the dynamics of group processes

. Differentiate partnerships from contractual and statutory requirements

. Identify stages and frameworks for partnerships

**Contact:** Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

Audience: Executives, Supervisors and Managers, Labor Relations Specialists, Union Representatives

who are Federal Employees, Agency Legal Staffs, members of Partnership Councils,

Organizational Development Specialists

**Length:** 1 day



### **Conflict: Managing Under Pressure**

**Producer:** American Management Association

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All managers, supervisors, and team leaders

**Length:** 25 minutes

### Dealing with Conflict: How to Make Conflict Work for Your Organization

**Producer:** Salenger Films, Inc.

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 19 minutes

### **Effective Negotiations**

**Producer:** EFN Films

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily for project managers who must bargain, negotiate, and resolve conflicts to get what

they need, but all employees could benefit

**Length:** 35 minutes

### **Solving Conflict**

**Producer:** American Media, Inc.

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** Supervisors, managers, and team leaders

**Length:** 21 minutes

### **Successful Negotiating**

**Producer:** American Management Association

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 27 minutes

### Wishing Won't Make it So

**Producer:** Cally Curtis Company

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 28 minutes

### Working Partners - The Secretary/Manager Team

Producer: CRM McGraw-Hill Films
Contact: Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Managers and secretaries should view this tape together

**Length:** 15 minutes



Men and Women: Partners at Work

Authors: George Simons and Deborah Weissman
Contact: Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 110 pages

### The New Partnership: Women and Men in Organizations

**Author:** Nina L. Colwill

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 185 pages



### The Secrets of Power Negotiating

**Producer:** Roger Dawson

**Contact:** Deborah M. Cogill (617) 494-2156

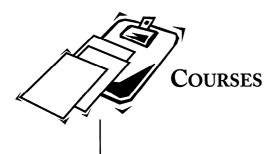
Volpe National Transportation Systems Center

**Audience:** All employees

**Length:** 12 hours



## CONTINUOUS IMPROVEMENT



### **Facilitator Training Course**

This course is intended for those employees who have or are expected to have primary responsibilities as facilitators in quality effort programs such as employee involvement, quality through partnership, total quality management, and organizational development. Methodologies in the course are primarily experiential and students will demonstrate effective facilitation techniques.

### **Objectives:**

- . Increase self-awareness of personal skills as group facilitator
- Assess group dynamics and establish a trusting environment
- . Facilitate a discussion to the point of conclusion
- . Implement techniques for setting context, brainstorming, clarifying
- Stimulate discussions without inadvertently affecting the direction or outcome using appropriate questioning techniques

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

**Audience:** Individuals responsible for facilitating small groups

**Length:** 5 days

### **How to Do Training Evaluation**

This course is designed to equip employees with the necessary skills to conduct evaluations of training programs and activities. Topics include planning and evaluation, data collection (especially the use of interviews and questionnaires), sampling techniques, data analysis, report writing, and evaluation follow-up.

### **Objectives:**

- Describe the context of evaluation in terms of Instructional Systems Design and performance development systems
- Describe the purpose and types of training evaluation, and the general steps for conducting any level of evaluation
- · Given a training case study, critique the adequacy of its Level 1 evaluation plan and measurement tools
- Select appropriate types of Level 2 measurement tools and determine how Level 2 evaluation can be used more effectively in the organization
- Describe the elements of Level 3 evaluation and plan a Level 3 evaluation for a given situation
- . Determine when to conduct Level 4 evaluation and critique a Level 4 evaluation design
- Describe and apply evaluation vendor management techniques
- . Prepare a personal action plan for applying training evaluation knowledge and skills

Contact: Holly Schneider (202) 267-3252

Federal Aviation Administration

**Audience:** GS-9 or above personnel who have evaluation responsibilities as either collateral or full-time

duties

**Length:** 4 days

### Instructor/Facilitator Workshop

This course addresses the application of adult learning principles and four facilitation skills to technical training. Participants learn effective techniques for delivering skills training to adults from instructor demonstrations and class participation. They also learn how to create and use activities that can influence attitudes (affective domain), how to create and use activities that build skills and knowledge (psychomotor and cognitive domains), and how to create and develop interactive activities. Participants also learn how to develop and effectively use visuals and other training support materials and make several presentations that are videotaped and then receive one-on-one feedback.

### **Objectives:**

- · Explain adult learning guidelines and their importance in conducting effective training programs
- Describe various positive motivation techniques that can be used in training
- Demonstrate facilitation skills that increase training effectiveness
- Demonstrate effective questioning techniques that facilitate adult learning
- Identify strategies for handling challenging situations in the classroom
- Develop and use various training aids

**Contact:** Sally L. Tingle **(405)** 949-0036 **ext. 338** 

Transportation Safety Institute

**Audience:** All employees **Length: 4.5** days

### Organizational Transformation in the Public Sector

The objective of this residential seminar is support for a customer-focused Government philosophy Through lectures, workshops, and case-study based simulation, participants receive the information and tools to implement organizational improvement by applying process improvement principles and methodologies to "manage for results."

### **Objectives:**

- · Understand the scope and dynamics of organizational transformation and total systems change
- · Learn how to implement customer-driven service and to identify and measure impact of customer service
- · Learn basic skills for strategic thinking and process improvement
- Learn about employee involvement, empowerment, and team skills, as well as how to create an environment that encourages employee participation
- Manage self-regulating teams
- Examine the change envisioned by the National Performance Review

**Contact:** U.S. Office of Personnel Management

Management Development Centers

Eastern: (717) 399-0112 Western: (303) 844-6181

**Audience:** Managers and key staff at the **GS-13** level or above

intending to implement continuous improvement in their organizations

Length: 2 weeks

### **Process Reengineering Course**

This workshop provides instruction in the principles of organizational design and the procedures' for process reengineering. Emphasis is placed on "grounding" the participants in an actual organizational experience in which they must reengineer the central process in order to become more competitive. Participants will also examine the impacts of a process reengineering on the support systems of the organization.

### **Objectives:**

- Describe consequences of a poorly designed organizational process
- State and apply the principles of organizational design
- Be able to apply process reengineering to simulated organization
- Describe the benefits of process reengineering
- Define the role of a process reengineering leader

**Contact:** Robert Welp (405) 954-6914

Federal Aviation Administration Academy

Audience: Managers with multi-function responsibilities to Senior Executive Service

**Length:** 2 days

### **Staff Work Course**

The course provides staff personnel with the knowledge and skills that will enable them to perform effectively in the role of support to management and the agency. Key areas of concentration are in **staff and** organizational relationships, effective writing and speaking, and problem solving. Major subdivisions of the course are roles and responsibilities, problem solving, communication (written and oral), planning and controlling work, data collection and presentation, and staff studies. A major concentration of class time is devoted to a "hands-on" working through a complete staff study process.

### **Objectives:**

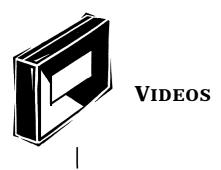
- Explain the roles and responsibilities of a staff person with emphasis on the distinction between line and staff and ethical practices
- Demonstrate the ability to read, digest, synthesize, and summarize key points from studies, research, or other written materials
- Prepare an executive summary of a completed staff study and present a briefing giving the highlights of the study
- Use a systematic problem solving process in a simulated work situation
- Demonstrate an understanding of the effects of divergent view of stakeholders and resource people
- · Demonstrate techniques of data-gathering, collation, analysis, presentation, and coordination
- Gain confidence in assuming the staff support role to supervisors or managers

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

Audience: Individuals responsible for the preparation and delivery of completed staff work

**Length:** 4.5 days



### **Achieving Results Through Quality Improvement**

**Producer:** American Media, Inc.

**Contact:** Ken Gould (202) 3664163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily for managers, supervisors, and team leaders, but all employees could benefit

**Length:** 27 minutes

### **Building a Great Place to Work**

**Producer:** The Gallup Organization

**Contact:** Ken Gould (202) 3664163 or Veronica Wooten (202) 366-6517

Federal Highway Administration

**Audience:** All employees **Length:** 22 minutes

### Discovering the Future: The Business of Paradigms

**Producer:** Charthouse Learning Corporation

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 38 minutes

### **Excellence in the Public Sector**

**Producer:** Enterprise Media Inc.

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All managers, supervisors, and project or team leaders

**Length:** 60 minutes

### The New Workplace

**Producer:** Quality Media Resources

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** One tape for managers; one tape for all employees

**Length:** 2 videotapes in set: 23 minutes each

### The Power of Vision (sequel to The Business of Paradigms)

**Producer:** Charthouse Learning Corporation

**Contact:** Ken Gould (202) 3664163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 38 minutes

### Quality in the Office

**Producer:** American Management Association

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** Primarily for managers, supervisors, and team leaders, but all employees could benefit

**Length:** 20 minutes

### **Quality Service in the Public Sector**

**Producer:** American Media, Inc.

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Best for new employees during orientation programs, but would work for all employees as

part of quality management program

**Length:** 24 minutes

### Quality: The Big Picture

**Producer:** Salenger Films

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 17 minutes

### Total Quality Management (TQM): A Quest for Quality

**Producer:** The Tennant Company **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 45 minutes



### Reinventing Government: How the Entrepreneurial Spirit is Transforming the Public Sector

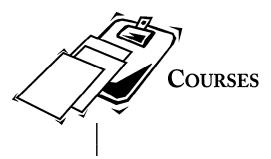
**Authors:** Ted Gaebler and David Osborne **Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 405 pages



# INDERSTANDING AND VALUING DIVERSITY



### **Experiential Workshop on Disability Awareness**

This course provides all employees with opportunities to increase their awareness, knowledge base, sensitivity and insight into the diversity presented by persons with disabilities through interactive exercises, discussions, and guest speakers.

### **Objectives:**

- Advocate for more reasonable and realistic accommodations for disabled persons both in and out of the workplace
- . Develop an enhanced appreciation for the dignity and worth of persons with disabilities
- Experience significantly increased sensitivity to the needs of adults with disabilities
- Understand the implications of at least three accessibility concerns, i.e. physical access, program access and attitudinal access
- Be aware of architectural, program and attitudinal barriers to the full and equal access and treatment of disable persons
- Via role play and simulation, understand the implications of at least two disability categories and/or combinations of categories
- Learn techniques for appropriate interaction with disabled persons, i.e., how to offer assistance to a blind person

Contact: Ken Tiktin (202) 366-5840

Transportation Administrative Service Center

**Audience:** All employees **Length:** 6 hours

### **Managing Diversity for All Employees**

This course offers participants a full overview of the concepts for managing diversity. It assists participants in the development of a comprehensive and working understanding of managing diversity, making a clear distinction between affirmative action and diversity, and understanding and valuing differences as compared to managing diversity. It enables the participant to return to the work environment and apply the managing diversity concepts in the development of business actions.

### **Objectives:**

- . Define managing diversity
- · Provide employees with the tools necessary to identify organizational and cultural barriers
- Distinguish between managing diversity, affirmative action and understanding differences
- . Identify the processes for integrating diversity into the organization's mission and goals
- . Development of a personal and organizational diversity action plan

**Contact:** Minas Roros (202) 366-1983

Transportation Administrative Service Center

**Audience:** All employees

**Length:** 1 day

### **Managing Diversity for Managers and Supervisors**

This course offers participants a full overview of the concepts for managing diversity. It assists participants in the development of a comprehensive and working understanding of managing diversity, making a clear distinction between affirmative action and diversity, and understanding and valuing differences as compared to managing diversity. This course enables the participant to return to the work environment and apply the managing diversity concepts and strategies to actual work situations. Managers will be able to articulate the Department's business rational for managing diversity.

### **Objectives:**

- . Define managing diversity
- Provide managers with the tools to identify organizational and cultural barriers and provide strategies to manage diversity in their work units
- . Distinguish between managing diversity, affirmative action and understanding differences
- . Identify the processes for integrating diversity into the organization's mission and goals
- . Development of a personal and organizational diversity plan of action

**Contact:** Minas Roros (202) 366-1983

Transportation Administrative Service Center

Audience: Managers and Supervisors

**Length:** 3 days

### Managing Diversity in the Workplace

The overall goal for this course is to improve the level at which managers and supervisors effectively manage a diverse workforce.

### **Objectives:**

- Recognize the relationships between the following policies and directives, and their relationships to diversity initiatives, including affirmative action, workforce 2000, and EEO
- Define and identify general examples of stereotyping, as well as identifying personal stereotypes and recognizing their origins
- . Define biased decision making and its relationship to stereotyping
- Identify. diversity related needs or barriers in the workplace and recognize the consequences when such barriers are not confronted
- . Define quality and the quality improvement process
- Explain the relationship of managing diversity to the agency's mission statement and to the quality efforts within the agency
- . Identify strategies for building, retaining, and managing diversity
- . Create an implementation plan designed to apply new learning in the work environment

**Contact:** Phyllis Marson (904) 446-7258

FAA Center for Management Development

**Audience:** Managers and Supervisors

**Length:** 5 lessons taken at student's convenience

### Valuing Diversity

This highly interactive seminar is set in a relaxed atmosphere to minimize anxiety. The workshop uses role play, humor, and games to better understand our colleagues and be aware of and accept differences in people.

### **Objectives:**

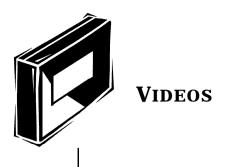
- Eliminate prejudices in the workplace
- Provide an understanding of differences

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** New employees

**Length:** 3 hours



### Culture: Alive and Well and Living in the Workplace

**Producer:** NAEYC

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 60 minutes

### **Dealing with Diversity**

**Producer:** American Media, Inc.

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration or Joan Simpson (202) 366-6391

Transportation Administrative Service Bureau

**Audience:** All employees **Length:** 26 minutes

### The Diversity Series

**Producer:** Quality Media Resources **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-1163 or Veronica Wooten (202) 366-6517

Federal Highway Administration

Audience: All employees

**Length:** Total time 4 videotapes; 1 hour and 17 minutes

### The Dynamics of Diversity

**Producer:** American Media, Inc.

**Contact:** Joan Simpson (202) 366-6391

Transportation Administrative Service Bureau

**Audience:** AU employees **Length:** 49 minutes

### The Hidden Resource

**Producer:** U.S. Department of Labor **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Managers, supervisors, team leaders and personnel specialists responsible for agency programs

dealing with disabled individuals

**Length:** 20 minutes

### Let's Talk Diversity!

**Producer:** American Media, Inc.

**Contact:** Joan Simpson (202) 366-6391

Transportation Administrative Service Bureau

**Audience:** All employees **Length:** 23 minutes

### A Little Accommodation

**Producer:** U.S. Office of Personnel Management and the Veterans Administration

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Managers, supervisors, team leaders and personnel specialists responsible for agency programs

dealing with disabled individuals

**Length:** 23 minutes

### **Looking Ahead: Preparing to Meet the Future**

**Producer:** Video Initiatives

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 60 minutes

### There's No Such Thing as Woman's Work

**Producer:** U.S. Department of Labor **Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517

Federal Highway Administration

**Audience:** All employees **Length:** 30 minutes

### Valuing Diversity

**Producer:** Copeland Griggs Productions Contact: Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees

**Length:** 7 tapes (30 minutes per tape)



### 50 Activities for Managing Cultural Diversity

**Author:** Terri Dickerson-Jones

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** Managers and Supervisors

Length: 197 pages

### **Beyond Race and Gender**

**Author:** Roosevelt Thomas

**Contact:** Minas Roros (202) 366-1983

Transportation Administrative Service Bureau

**Audience:** All employees **Length:** 300 pages

### Breaking Into the Boardroom: What Every Woman Needs to Know

**Author:** Jinx Mella

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 167 pages

### **Breaking Through the Glass Ceiling**

Author: American Society for Public Administration

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 87 pages

### **Breaking with Tradition**

**Author:** Felice N. Schwartz

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 330 pages

### **Bridging Cultural Barriers for Corporate Success**

**Author:** Sondra Thiederman, Ph.D.

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 256 pages

### Created Equal: Why Gay Rights Matter to America

Authors: Michael Nava and Robert Dawidoff

Worldife Specialists (202) 266 6320

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 175 pages

### Culturgrams: The Nation Around Us - Volumes 1 & 2

**Author:** The David M. Kennedy Center for International Studies

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees

**Length:** 250 pages (each volume)

### Differences Do Make a Difference

**Author=** R. Roosevelt Thomas, Jr.

**Contact=** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:**' 155 pages

### The Diversity Advantage: How American Business Can Outperform Japanese and European Companies in the Global Marketplace

**Authors:** John P. Fernandez and Mary Barr **Contact=** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517

Federal Highway Administration

**Audience:** All employees **Length:** 332 pages

### Diversity and Development: Increasing the Productivity of a Diverse Workforce

**Author:** J. Howard & Associates, Inc.

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

Length: Individual

### The Feminine Mystique

Author: Betty Friedan

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 452 pages

### Gay Issues in the Workplace

Author: Brian McNaught

Contact: Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

Audience: All employees Length: 151 pages

### Good for Business: Making Full Use of the Nation's Human Capital

**Author:** Compiled by the Department of Labor

**Contact:** Minas Roros (202) 366-1983

Transportation Administrative Service Bureau

Audience: . Supervisors and Managers, Diversity and Personnel Professionals, Civil Rights Professionals

Length: 242 pages

### Mile and Female Realities

**Author:** Joe Tannenbaum

**Contact:** Minas Roros (202) 366-1983

Transportation Administrative Service Bureau

**Audience:** All employees **Length:** 190 pages

### The Managerial Women: The Survival Manual for Women in Business

Authors: Margaret Hennig and Anne Jardim Contact: Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 255 pages

### Managing a Diverse Work Force: Regaining the Competitive Edge

**Author:** John P. Fernandez

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: All employees
Length: 315 pages

### **Managing Workforce 2000**

Authors: David Jamieson and Julie OíMara

**Contact:** Minas Roros (202) 366-1983

Transportation Administrative Service Bureau

**Audience:** All employees **Length:** 240 pages

### Megatrends

**Author:** John Naisbitt

Contact: Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 283 pages

### Organizational Culture and Leadership

Author: Edgar H. Shein

**Contact:** Minas Roros (202) 366-1983

Transportation Administrative Service Bureau

**Audience:** Managers and Supervisors

Length: 392 pages

# **Profiting in America's Multicultural Marketplace**

**Author:** Sondra Thiederman

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 262 pages

# The Superwoman Syndrome

**Author:** Majorie Hansen S haevitz

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 330 pages

# Woman to Woman: From Sabotage to Support

**Author:** Judith Briles

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 310 pages

# Working Together: How to Become More Effective in a Multicultural Organization

**Author:** George Simons

**Contact:** Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 76 pages



# **Cultural Diversity**

**Producer:** ODT, Inc.

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

**Length:** 3 hours

# Image and Self-Projection for Women

**Producer:** CareerTrack Publications

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** All employees **Length:** 4 hours

# The Internal Selling of a Valuing Cultural Diversity Program

**Producer:** ODT, Inc.

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

**Length:** 1 hour



# **COMPUTER - BASED INSTRUCTION**

# Managing Diversity in the Workforce

This program provides insight and guidance for managing a workforce that continues to grow more diverse.

### **Objectives:**

. Define Managing Diversity

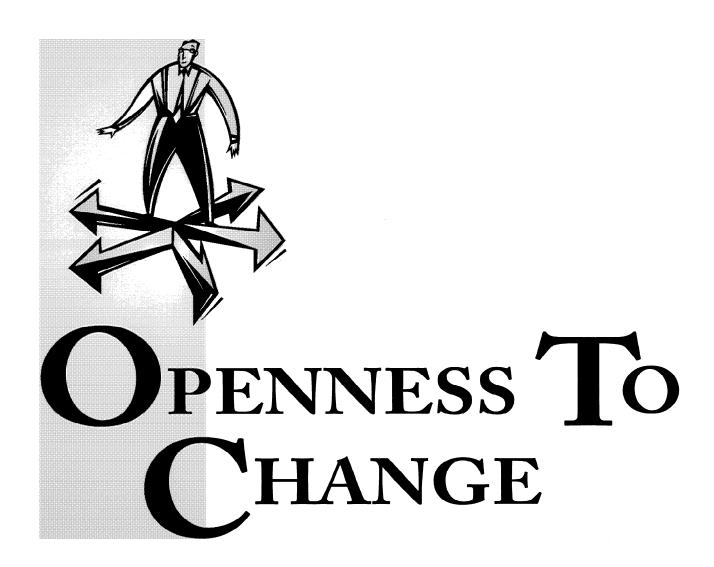
- Provide managers with the tools to identify organizational and cultural barriers and provide strategies to manage diversity in their work units
- . Identify the processes for integrating diversity into the organization's mission and goals

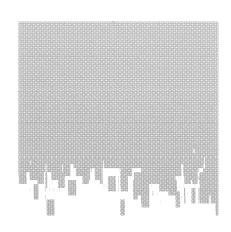
Contact: Worklife Specialists (202) 366-6389

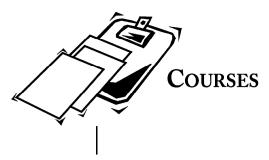
DOT Connection Customer Service Center

Audience: Managers and Supervisors

**Length:** 8 hours







# **Change Agent Workshop**

This course is designed for internal consultants and experienced facilitators who are actively engaged or soon to be engaged with working groups. It provides participants an opportunity to enhance their effectiveness in supporting groups in resolving complex problems leading to systemic organizational change. The participant will practice forming consulting relationships, working with a customer organization, and terminating the customer relationship when appropriate.

### **Objectives:**

- · Identify roles and values and self-assess current abilities as a Change Agent Receive and give others feedback
- · Recognize that values, attitudes, biases and prejudices impact decision making and effectiveness of teams
- . Model behaviors that are appropriate as a Change Agent
- . Understand the Organization Development dynamics and intervention models
- · Evaluate and prescribe an appropriate problem solving strategy or conflict resolution intervention
- Develop strategies for influencing groups
- Explore the dynamics of Change theory; identify barriers to change and develop strategies to overcome them

Contact: Roberta Sappington (904) 446-7251

FAA Center for Management Development

Audience: Facilitators who are actively involved in the role of supporting organizational change

**Length:** 5 days

### Creativity, Problem Solving, and Change

This course is taught by using a combination of lecture, discussion, audio/visual aids and individual and group exercises. The exercises will be the primary focus for individuals to learn to be more creative and innovative in their approach to their work and in problem solving in particular. The course also deals with looking to the future and actively seeking and adapting to the changes that will occur. Managing change and coping with changes that are necessary or imposed will also be a major topic for discussion.

### **Objectives:**

- . Enhance individual creative skills, patterns, processes and potential
- Develop the knowledge and skills associated with problem solving, cognitive styles and typical approaches used by individuals/groups
- . Develop knowledge about the change process and ways to manage and cope with change at various levels

**Contact:** Ken Gould (202) 366-1163

Federal Highway Administration

Audience: Program managers at the GS-11 through 15level; other employees depending on need

**Length:** 3 days

### **Dynamics of Transformation**

This course prepares a workforce for imentoringi the change process by establishing a framework for change and developing insights on overcoming political and organizational barriers that may impede the transition. As designed, the course sets a positive direction for implementing and managing change by delivering clear, consistent messages regarding vision, mission, values, goals, and priorities. It focuses on nine elements critical to the transformation process including leadership, customer focus, strategic planning, teamwork, partnerships, continuous improvement, understanding and valuing diversity, openness to change, and continuous learning.

### **Objectives:**

- . Understand the compelling reasons for change
- . Understand the driving forces for change
- Know the overarching vision and values for transforming (i.e., how to best serve customers, work together, treat others)
- . Understand the change "process"
- . Understand the change model and the nine critical elements
- . Know how to cultivate change strategies, overcome resistance, and accept one's responsibility for change

Contact: Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

**Audience:** All employees **Length:** 1-3 days

# HIR Professional as a Consultant/Change Agent Phase 1

This course provides an overview of the new consultant role and offers opportunities to enhance and practice corresponding interpersonal and management skills.

## **Objectives:**

- To explore current cultural and organizational changes within Human Resource (HR) systems
- . To gain new insights about the changing role for the HR professional
- . To begin building an HR professional intermodal network
- To learn and/or practice the skills, knowledge, and competencies required for HR consultant and change agent roles

**Contact:** Learning and Development Group (202) 366-6612

Transportation Administrative Service Center

**Audience:** Human Resources professionals

**Length:** 3 days

## **Managing Change**

This course provides participants with an opportunity to increase personal awareness about attitudes, approaches, perspectives, and possible reactions to change through a disussion of the Agencyis major change initiatives. Participants provide feedback to each other and discuss the impact and effectiveness of previously held and newly formed perspectives. Students create strategies to apply their learning in the workplace with support from peers.

### **Objectives:**

. Approach change from the perspective of openness and possibility

. Express a positive approach to current Agency change efforts

• Develop effective facilitation strategies for implementing change

. Inquire successfully into areas of ambiguity, difficulty, and uncertainty

Contact: Roberta Sappington, Ph.D. (904) 446-7251

FAA Center for Management Development

Audience: Intact work teams and individuals who are implementing change in their organization

**Length:** 5 days

### Organizational Transformation in the Public Sector

The objective of this residential seminar is support for a customer-focused Government philosophy. Through lectures, workshops, and case-study based simulation, participants receive the information and tools to implement organizational improvement by applying process improvement principles and methodologies to "manage for results."

### **Objectives:**

· Understand the scope and dynamics of organizational transformation and total systems change

· Learn how to implement customer-driven service and to identify and measure impact of customer service

. Learn basic skills for strategic thinking and process improvement

• Learn about employee involvement, empowerment, team skills, and how to create an environment that encourages employee participation

. Manage self-regulating teams

• Examine the change envisioned by the National Performance Review

**Contact:** U.S. Office of Personnel Management

Management Development Centers

Eastern: (717) 399-0112 Western: (303) 844-6181

Audience: Managers and key staff at the GS-13 level or above intending to implement continuous

improvement in their organizations

**Length:** 2 weeks

# Revitalizing the Work Force: Dealing with the Shock Waves of Organizational Transition

The Center for Executive Management Training at the United States Merchant Marine Academy presents this fast-paced, highly interactive course for organizations desiring to enhance their employees' effectiveness during transition. Through specially developed assessment instruments and experiential exercises, participants engage in an exciting process of discovering, discussing, and practicing the tools and techniques for Revitalizing the Work Force.

# **Objectives:**

- · Learn ten elements of a vital organization
- Learn how to slim down and shape up for competition
- . Learn the six keys for revitalization and the four steps for renewal

Contact: U.S. Merchant Marine Academy (516) 7734120

Audience: Employees who are working with organizations experiencing downsizing and critical change

**Length:** 5 days

# Transformation/Quality Management/Customer Service

This two-day experiential module will focus on the background for the Quality Movement in industry and Government, what change will take place as Government moves in this direction, and how to cope with those changes. It will also cover Quality Management (process improvement, problem solving) principles and techniques, and the value of a customer service orientation in everything we do. Teamwork will be the standard method of operation for the class.

### **Objectives:**

- · Understand the compelling reasons for and the driving forces behind change and the change process
- Know how the changes which we will seeing will affect them and their work, and how good management can ease change into the work environment
- Be able to develop a personal and unit mission statement that gives them a sense of purpose and belonging
- · Understand the principles, terms, processes and problem solving techniques used in quality management
- Apply quality management principles, processes, and techniques to improve the services within their own organization
- Understand the value of customer service and how it can be integrated into every aspect of the organization's work
- Understand the various kinds of customers, clients, stakeholders, and suppliers, that we are involved with and how each fits into our working operations
- Know how to identify customers, interact with customers, give customers more than they want, measure customer satisfaction

**Contact:** Ken Gould (202) 366-1163

Federal Highway Administration

**Audience:** Personnel at the GS-14 level and below

Length: 2 days



All Change: Parts 1 & 2

**Producer:** Video Arts

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily for supervisors and managers, but all employees could benefit

**Length:** 28 minutes (Part 1); 25 minutes (Part 2)

# **Managing People Through Change**

**Producer:** Barr Films

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: All supervisors, managers, and team leaders

**Length:** 19 minutes



# **BOOKS**

# 25 Training Activities for Creating and Managing Change

**Authors:** Dave Francis and Mike Woodcock

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily for trainers and facilitators, but managers, supervisors, and team leaders would also

benefit

Length: 252 pages

# **Activities for Achieving Change**

Authors: Barry Fletcher with Ann Bell, John Buttery and Mike Whittaker

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Primarily designed for trainers, it also is useful for managers, supervisors, team leaders, and

facilitators

**Length:** 415 pages

## Adapting to Change: Making it Work for You

Author: Carol K. Goman

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience;** All employees **Length:** 250 pages

# The Change Masters

Author: Rosabeth Moss Kanter

Contact: Worklife Specialists (202) 366-6389

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 432 pages

# **Managing Organizational Change**

Authors: Cynthia D. Scott, Ph.D., and Dennis T. Jaffe, Ph.D.

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

**Length:** 275 pages

## **New Traditions in Business**

Author: Edited by John Renesch

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: Managers and Supervisors

**Length:** 200 pages

# The Reengineering Handbook: A Step by Step Guide to Business Transformation

Authors: Mark Klein and Ray Manganelli

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** Managers and Supervisors

Length: 318 pages

# The Tom Peters Seminar: Crazy Times Call for Crazy Organizations

**Author:** Tom Peters

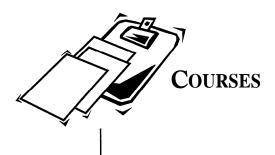
Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 291 pages



# CONTINUOUS EARNING



# Career Planning: Opening the Door to Your Future

The focus of this training is increased employee awareness of their responsibility for planning their own careers. The course, which is appropriate for any grade level, will help employees develop skills to identify career goals more effectively, explore options, and maximize the use of their talents and capabilities. Participants will learn various career planning methods, how to use self assessment tools, how to find resources, and how to develop action plans to meet individual career development and organizational workforce goals.

# **Objectives:**

. Identify and define roles of employee, manager and career counselor in the career planning process

- Assess personal interests, define personal success, determine willingness to invest the time, effort, resources, and mobility needed to succeed
- . Evaluate alternatives and develop a timetable

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees

**Length:** 2 days

### **Managing Personal Growth**

This workshop helps employees recognize that they are responsible for their own career/personal development and job satisfaction. As career development is each individual's own responsibility, this is a voluntary workshop which is most effective when presented to employees who choose to participate. Before the workshop begins, employees and their immediate supervisors complete a pre-workshop assignment to be used for feedback during the workshop. Once in the workshop, employees use this feedback to determine their talents, develop their needs, and to discover the similarities and differences in how the employees and their supervisors perceive the employee's job and the skills required to perform effectively.

### **Objectives:**

- . Conduct a developmental discussion with supervisor upon returning to the office
- . Provide tools to become more satisfied with the job
- . Enhance effective communication with supervisor

**Contact:** Lia Williams (202) 366-0909

Federal Highway Administration

Audience: All supervisors and managers

**Length:** 2 days

# Satellite Campus Program

The Department of Transportation (DOT) Satellite Campus Program is an on-site college degree program that enables Federal employees to earn their Bachelor's Degree in Business Administration after work hours in the convenience of or near their worksite. Strayer College was selected to offer the on-site program at DOT because of its degree programs in business-oriented fields, academic reputation, flexibility, and customer focus. Beginning in 1996, graduate level courses leading to a Master's in Business Administration will also be offered. All academic counseling, registration, book sales, and classes are held on-site at DOT

### **Objectives:**

- The Bachelor in Business Administration degree is designed to prepare students for management positions in complex organizations. The program provides a broad and fundamental education as preparation for positions carrying management and leadership responsibilities.
- The Master in Business Administration degree is designed to prepare students for careers in management in both the public and private sector. The program provides the basic foundation in the functions of business, the global environment in which it operates, and the analytical tools needed for intelligent decision making.

**Contact:** Terri Harris (202) 366-9437

Transportation Administrative Service Center

**Audience:** All qualified Federal employees **Length:** 4 years full-time (Bachelor's)

2 years full-time (Master's)

## **Worklife Discussion Series**

The worklife discussion series is a lunch time seminar open to all employees who are facing the challenges of balancing worklife and homelife.

### **Objectives:**

- · Identify resources that can save time, anxiety and worry
- Establish problem solving techniques
- . Learn answers to questions from recognized experts in the fields of aging, children, and work and family llfl

**Contact:** Suzette Paes (202) 366-6393

Transportation Administrative Service Center

Audience: All employees

Length: 1 hour

In addition to the entries listed in this Resource Guide, the DOT CONNECTION Customer Service Center also provides the following services:

- . Job listings and information bank
- . Student employment information
- Computer work stations
- . Reference and Resource library
- . Work and Family seminars
- . Community Resource Days
- Worklife support groups for DOT employees and their spouses
- Confidential employment and career counseling for DOT employees
- . Skills assessment tools
- · Career workshops



# **Career Counseling - A Clear Vision**

**Producer:** International Training Consultants

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

Audience: Supervisors, managers, and team leaders

Length: 23 minutes

# Controlling Interruptions: How to Free Up an Hour a Day

**Producer:** CareerTrack Publications

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: All employees

**Length:** 1 hour

### Goals

**Producer:** Zig Ziglar

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** All employees

Length: 1 hour

# **How to Set and Achieve Goals**

**Producer:** CareerTrack Publications

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: All employees

**Length:** 4 hours

# **Juggling Your Work and Family**

Producer: American Management Association

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517

Federal Highway Administration

**Audience:** All employees **Length:** 25 minutes

# **Networking Your Way to Success**

**Producer:** American Management Association

**Contact:** Ken Gould (202) 366-1163 or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 26 minutes

# **Setting and Achieving Your Goals**

**Producer:** American Management Association

**Contact:** Ken Gould (202) 366-1163. or

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** All employees **Length:** 26 minutes



# **BOOKS**

# 50 Activities for Unblocking Your Organization - Volumes 1 & 2

**Authors:** Dave Francis and Mike Woodcock Ken Gould (202) 366-1163 or **Contact:** 

Veronica Wooten (202) 366-6517 Federal Highway Administration

**Audience:** Primarily for trainers, managers, supervisors, facilitators, team leaders

317 pages (Volume 1); 417 pages (Volume 2) Length:

## The Adams Job Almanac

Author: NTC

Career Counselor (202) 366-4907 **Contact:** 

DOT Connection Customer Service Center

All employees **Audience:** Length: 147 pages

## The Adult Years

Author: Frederic M. Hudson

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees 280 pages Length:

# **Balanced Living**

Author: Peter B. Vail

Deborah M. Cogill (617) 494-2156 **Contact:** 

Volpe National Transportation Systems Center

**Audience:** All employees Individual Length:

## The Best Jobs in America for Parents

**Authors:** Susan Bacon Dynerman and Lynn O'Rourke Hayes

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

All employees **Audience:** Length: 243 pages

# Beyond the Ivy Wall

**Authors:** Howard Greene and Robert Minton Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 198 pages

# Breaking Out of 9 to 5

**Authors:** Maria Laquerur and Donna Dickson **Contact:** Career Counselor (202) 366-4907

DOT G

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 224 pages

### **Career Book**

**Author:** Joyce Lain Kennedy

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 424 pages

# Careers in Engineering

**Author:** NTC

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 147 pages

# **College Degrees**

**Author:** John Bear

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 211 pages

# Comfort Zones: Planning Your Future

Author: Elwood Chapman

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 334 pages

# Commitment to an Aging Workforce

Author: Francis Rothstein

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 194 pages

# The Complete Job Interview Handbook

**Author:** John J. Marcus

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 187 pages

# **Designing Creative Resumes**

Author: Gregg Berryman

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 144 pages

## **Does Your Resume Wear Blue Jeans?**

Author: C. Edward Good

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 139 pages

## **Does Your Resume Wear Combat Boots?**

Authors: William G. Fitzpatrick and C. Edward Good

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 165 pages

## **Don't Miss Out**

Authors: Anna Leider and Robert Leider Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 117 pages

# Feel the Fear and Do it Anyway

**Author:** Susan Jeffers, Ph.D.

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 227 pages

# The Fifth Discipline

**Author:** Peter M. Senge

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 423 pages

## Fire Proof

**Author:** Charles R. White

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 129 pages

# Free Money for Graduate School

**Author:** Laurie Blum

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 288 pages

# Getting a Grant in the 1990's

**Author:** Robert Lefferts

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 239 pages

### **Great Connections**

**Authors:** Anne Baber and Lynne Waymon Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 184 pages

# The Group

**Authors:** Robert Maidment and Robert Hanny Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

 $\begin{array}{lll} \textbf{Audience:} & & All \ employees \\ \textbf{Length:} & 75 & pages \end{array}$ 

# How to Answer the 64 Toughest Interview Questions: Interviews That Win Jobs

Author: Published by Bencj-Ventures, Inc. Contact: Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

Audience: All employees Length: 300 pages

### How to Get Control of Your Time and Your Life

Author: Alan Lakein

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 160 pages

# **Improve Your Reading, Improve Your Job**

**Author:** Jeanne M. Miller

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 110 pages

# Is Your "Net" Working?

**Authors:** Ann Boe and Bettie B. Youngs **Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 247 pages

### Job Search That Works

Author: Rick Lamplugh

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 110 pages

# Job Shift: How to Prosper in a Workplace Without Jobs

**Author:** William Bridges

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 257 pages

# **Jobs in Paradise**

Author: Jeffrey Maltzman

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 445 pages

## **Keys to Financing a College Education**

**Author:** Marguerite J. Dennis

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** All employees **Length:** 200 pages

# Learning a Living

Author: U.S. Department of Labor

Contact: Career Counselor (202) 366-4907

· DOT Connection Customer Service Center

**Audience:** All employees **Length:** 85 pages

# The Lifetime Career Manager

**Authors:** James C. Cabrera and Charles F. Albrecht

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 254 pages

# **Major Options**

Author: Nicholas Basta

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

Audience: All employees Length: 328 pages

# Network Your Way to Job and Career Success

Authors: Ronald L. and Caryl Rae Krannich, Ph.D.

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 147 pages

# Networking: The Great New Way for Women to Get Ahead

**Author:** Mary Scott Welch

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 364 pages

# **Opportunities in Computer Science Careers**

Author: Julie Lepick Kling

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 147 pages

### The Perfect Resume

**Author:** Tom Jackson

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 209 pages

# Please Understand Me: Character & Temperament Types

**Authors:** David Keirsey and Marilyn Bates **Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 210 pages

# **Practical Time Management**

Author: Bradley McRae

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 100 pages

# **Preparing for Your Interview**

**Author:** Diane Berk

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 62 pages

## **Promote Yourself**

**Author:** Patricia B. Wood

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 94 pages

# Retire, Refired: A Guide for Dynamic Retirements

**Author:** Elise Perlmutter

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 218 pages

# Retirement Careers: Combining the Best of Work and Leisure

**Author:** Deloss Marsh

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 193 pages

### **Retirement Places Rated**

**Author:** David Savageau

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 309 pages

## Rites of Passage at \$100,000+

Author: John Lucht

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 563 pages

# Second Careers: New Ways to Work After 50

**Author:** Caroline Bird

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 357 pages

## **Stop Procrastinating**

**Author:** James R. Sherman, Ph.D.

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 61 pages

# **Study Skills Strategies**

**Author:** Uelaine Lengefeld

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 62 pages

# Sweaty Palms: The Neglected Art of Being Interviewed

Author: H. Anthony Medley

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 254 pages

# The Three Career Changes: Mastering the Art of Juggling Work, Home, and Family

Author: Marcia Byalick

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 231 pages

# Time Management for Unmanageable People

Author: Ann McGee-Cooper

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 251 pages

### Time Out

Author: Ronald Garrison

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 124 pages

# The Time Trap: How to Get More Done in Less Time

**Author:** R. Alec Mackenzie

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**Audience:** All employees **Length:** 195 pages

# Type Talk

**Authors:** Otto Kroeger and Janet M. Thuesen **Contact:** Career Counselor (202) 366-4907

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**Audience:** All employees **Length:** 289 pages

## What's Next? Career Strategies After 35

**Author:** Jack Falvey

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**Audience:** All employees **Length:** 189 pages

# **Workforce Renewal**

Author: Bernard H. Petrina

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**Audience:** All employees **Length:** 95 pages

# **Work Sister Work**

**Authors:** Cyndey Shields and Leslie C. Shields **Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 280 pages

# Your First Tob

**Author:** Ron Fry

Contact: Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 159 pages .

# Zen and the Art of Making a Living

**Author:** Laurence G. Boldt

**Contact:** Career Counselor (202) 366-4907

DOT Connection Customer Service Center

**Audience:** All employees **Length:** 599 pages



### **How to Set and Achieve Goals**

This audio tape seminar, a corresponding program with the video program, focuses on the variables involved in both setting and achieving goals. The program, featuring lessons similar to its video counterpart, explores such issues as the power of goal setting, picking your target, how your personality influences the way you set goals, developing a positive attitude for positive results, trusting your intuition, "nuts and bolts" techniques for goal setting, staying on course, and implementing your plan.

**Producer:** CareerTrack Publications

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** All employees

**Length:** 4 hours

# **Increased Personal Productivity Through Effective Time Management**

Time management is important for everyone. This eight cassette course provides detailed training on time management. These tapes not only give tips on how to become a good time manager, but also define the concepts important to time management. The course uses the enclosed guidebook to furnish examples of how to manage time. The guidebook also provides exercises to practice skills acquired in the course.

**Producer:** Franklin International Institute, Inc. **Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** All employees **Length:** 16 hours



# **COMPUTER - BASED INSTRUCTION**

# **Career Navigator**

Anyone who is looking for help in career development will benefit from this course. This computer based training course has been designed for people who would like to find satisfying positions that match their individual talents. The course is user friendly and useful for those interested in developing their careers.

**Producer:** Drake Beam Morin, Inc.

**Contact:** Deborah M. Cogill (617) 494-2156

Volpe National Transportation Systems Center

**Audience:** All employees **Length:** Individual